



Job Classification Description

FITNESS FACILITIES DIRECTOR/STRENGTH AND CONDITIONING COACH

GRADE 12

VSC-UP PAT BARGAINING UNIT

EXEMPT

BASIC FUNCTION

To direct and manage the operations of the fitness facilities. Oversee the development and implementation of a sport-specific conditioning curriculum for assigned teams.

CHARACTERISTIC DUTIES & RESPONSIBILITIES

- Manage daily operations of the fitness center.
- Order supplies; continue daily upkeep of area including repair, replacement, and maintenance of equipment and fitness materials.
- Hire, train, and supervise work-study students to carry out tasks related to equipment maintenance and supervision of facility.
- Assist with planning and managing facility to include creation and administering policies, safety issues, and current trends in fitness.
- Communicate and collaborate with coaches and athletic trainers regarding the health and well being of student athletes.
- Provide motivation, encouragement, counseling and supervision to student athletes in developing overall fitness goal levels.
- Provide game management coverage as directed by Associate Dean for Athletics & Recreation.
- Perform other duties as assigned.

SUPERVISION RECEIVED

General supervision is received from the Associate Dean for Athletics & Recreation.

SUPERVISION EXERCISED

General supervision over student workers and student interns.

MINIMUM QUALIFICATIONS

Bachelor's degree in exercise physiology, physical education, or other appropriate discipline with a master's degree desirable, plus two to four years relevant experience in a related field, or a combination of education and experience from which comparable knowledge and skills are acquired.

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- Strong and varied technical skills and interest in recreational activities.
- Broad base of knowledge and skills related to fitness center, pool and athletic facilities, management, coaching, recruiting and other relevant experience.
- Progressive years of experience at the college level in strength and conditioning.
- SCCC, NSCA, CSCS, or ACSM certified. CPR/AED certified.
- Fitness Center management experience.
- Ability to deal effectively with a wide range of College students, personnel, as well as media contacts, facilities users and others outside the college.
- Weekend and evening work is required.

This general outline illustrates the type of work, which characterizes the job classification. It is not an all-encompassing statement of the specific duties, responsibilities and qualifications of individual positions assigned to the classification.

04/07